

Urine Culture Midstream Collection for Men

For best results, please follow directions carefully.

Clean the genital area:

1. Wash hands well with soap and water.
2. Remove cover from sterile cup and place upside down. Be careful not to touch the inside of the cup or cover.
3. Open one package of wipes.
4. Retract foreskin and wash penis well from tip to base. Use downward strokes only.
5. Discard first wipe and clean again with second wipe.

Collect the urine sample:

1. After washing, pick up the sterile cup in one hand without touching the inside of the cup.
2. Begin urinating into the toilet (not the cup).
3. While urinating, move cup into the stream of urine and fill about 3/4 full.
4. Remove the cup from the stream - **without stopping**- and finish urinating into the toilet.
5. Place cover on the cup without touching the inside. Be sure to secure cover tightly and place in biohazard bag (if provided).
6. Be sure your container is properly labeled and give it to your healthcare professional. If there will be a delay in transport of more than 1 hour, refrigerate the specimen.
7. Contact the Microbiology Laboratory at St Joseph Hospital with any questions.
603-884-4216